

# Deshler Daze 2021

## 1 mile/5k/10k walk/run



**Saturday, June 19<sup>th</sup>, 7:00 a.m. Deshler, Nebraska**

**Entry Fees:** \$25, \$20, or \$10 Race Entry for the 10k, 5k, and 1 mile, respectively T-shirt deadline June 7<sup>th</sup>. Participants registering on race day will receive a t-shirt while supplies allow.

**Event Times/Place:** 6:15-6:45 a.m. Race Day Registration (if you did not pre-register)  
7:00 a.m. 5K & 10K Walk/Run  
7:15 a.m. 1 mile Walk/Run (4 laps around the high school track)  
Start & Finish at 3<sup>rd</sup> & Locust (right outside of the Deshler High School track)

**Awards:** Cash Awards for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place Male & Female 10k  
Cash Awards for 1<sup>st</sup> & 2<sup>nd</sup> place 14 & under, 15-19, 20-29, 30-39 & 40+ Male & Female 5k

**Send Entries and Make Checks Payable To:** Deshler Chamber of Commerce  
Attn: Mark Varner  
P.O. Box 173  
Deshler, NE 68340

Enter online at: [www.deshlerchamber.org/walkrun-form.html](http://www.deshlerchamber.org/walkrun-form.html)

NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_ M/F \_\_\_\_\_ Age on 6/19/2021: \_\_\_\_\_

Desired Race                      1 mi        5k        10k  
T-Shirt (Adult Sizes): S    M    L    XL    XXL    XXXL  
T-Shirt (Kids Sizes)    S    M    L    XL

By my signature below, I release all Walk/Run sponsors, organizers, workers and volunteers from any and all liability for accident, injury, death, or damages of any kind incurred by me arising from my participation in this activity. I affirm that I have prepared for this event through exercise, training, and nutrition/hydration. I have not been advised by a medical professional to avoid strenuous exercise. I understand that there will be traffic on the course and I assume all risks from such traffic. I further assume any and all risks from falls, collisions with other participants, and from wild or domestic animals. I take this action voluntarily, for myself, my executors, administrators, heirs, next of kin and successors.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent Signature (if under 18) \_\_\_\_\_