

Deshler Daze 2023



1 mile/5k/10k walk/run

Saturday, June 17th, 7:00 a.m. Deshler, Nebraska

Entry Fees: _____ \$25, \$20, or \$10 Race Entry for the 10k, 5k, and 1 mile, respectively (T-shirt guaranteed if registered by May 16th.) Participants registering on race day will receive a t-shirt while supplies allow.

Event Times/Place: _____ 6:15-6:45 a.m. Race Day Registration (if you did not pre-register)
7:00 a.m. 5k&10k Walk/Run
7:15 a.m. 1 mile Walk/Run (4 laps around the Deshler High School Track)
Start and Finish at 3rd&Locust (right outside of the Deshler High School Track)

Awards _____ Cash Awards for 1st, 2nd, & 3rd Place Male & Female 10k
Cash Awards for 1st & 2nd Place 18 & under, 19-29, 30-39, & 40+ Male & Female 5k

Send Entries and Make Checks Payable To: _____ Deshler Chamber of Commerce
Attn: Mark Varner
P.O. Box 173
Deshler, NE 68340

Enter Online At: _____ <https://www.deshlerchamber.org/walkrun-form.html>

NAME: _____

ADDRESS: _____

EMAIL ADDRESS: _____

M/F: _____ AGE ON 6/17/2023: _____

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|--------------------------|---|-----|---|----|-----|------|
| Desired Race(Circle one) | | 1mi | | 5k | | 10k |
| T-Shirt(Adult Sizes) | S | M | L | XL | XXL | XXXL |
| T-Shirt(Kids Sizes) | S | M | L | XL | | |

By my signature below, I release all Walk/Run sponsors, organizers, workers, and volunteers from any and all liability for accident, injury, death, or damages of any kind incurred by me arising from my participation in this activity. I affirm that I have prepared for this event through exercise, training, and nutrition/hydration. I have not been advised by a medical professional to avoid strenuous exercise. I understand that there will be traffic on the course and I assume all risks from such traffic. I further assume any and all risks from falls, collisions with other participants, and from wild or domestic animals. I take this action voluntarily, for myself, my executors, administrators, heirs, next of kin and successors.

Signature

Date

Parent Signature (if under 18)